

HOW OFTEN YOU SHOULD clean everything

EVERY DAY



- Make bed
- Clean coffee maker
- Clean dirty dishes
- Wipe down kitchen counters & table
- Do laundry, as needed
- Sweep kitchen floors
- Wipe down bathroom surfaces
- Squeegee shower walls
- Sanitize kitchen & bathroom sinks

EVERY WEEK



- Mop kitchen & bathroom floors
- Scrub bathroom surfaces
- Clean mirrors
- Dust furniture
- Vacuum floors & furniture
- Change bedding
- Toss expired food
- Wipe down kitchen appliances
- Clean microwave
- Sanitize sponges

EVERY MONTH



- Vacuum vents & woodwork
- Dust & clean light fixtures
- Dust blinds
- Clean dishwasher, laundry machines & vacuum

EVERY 3-6 MONTHS



- Wipe down inside of fridge
- Clean range hood
- Wash shower curtain liner
- Clean under & behind furniture
- Clean patio surfaces & furniture
- Wash pillows & comforters
- Vacuum mattress
- Descale coffee maker
- Freshen drains & garbage disposal
- Clean inside of oven
- Clean out freezer
- Wash car

EVERY YEAR



- Clean chimney & fireplace
- Deep clean carpet & upholstery
- Deep clean windows
- Clean around dryer & vents
- Clean drapes & curtains
- Clear out gutters

